



Your Atelier Confidence Appointment Guide



Before Your Appointment

Complete Your Forms

Please complete all intake, medical history, consent, and financial-policy forms before your visit. Your forms are sent through your appointment confirmation and reminder messages.

If you cannot locate them, contact the Atelier before your appointment so we can resend the link.

Your Treatment Plan

Every recommendation is personalized. Review any treatment-specific instructions sent by your provider and contact us before your visit if you have questions or your health history has changed.

Payment & Financing

- Any required appointment deposit must be secured before your visit.
- Payment is due at the time services are rendered.
- If you plan to use financing, complete the application in advance to prevent delays.

Apply for financing before your appointment.

Plan Ahead

- Schedule around important events, travel, and workouts when your treatment may involve swelling, bruising, peeling, or downtime.
- Avoid booking immediately before a major event unless your provider has confirmed the timing is appropriate.
- Arrange transportation if you expect to feel uncomfortable driving after your treatment.

Feeling Unwell?

Please contact us before arriving if you have fever, chills, cold or flu-like symptoms, an active infection, a new rash, or irritation near the planned treatment area. Your appointment may need to be adjusted for your safety.

Changes to Your Health

Tell us about new medications, recent procedures, pregnancy or breastfeeding status, allergies, illness, or changes to your medical history. Do not stop a prescribed medication unless the prescribing clinician instructs you to do so.

CONFIDENCE IS MEDICINE.

A SMOOTH VISIT BEGINS BEFORE YOU ARRIVE



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Medical Preparation

Medications & Supplements

Make sure every medication and supplement is accurately listed on your intake form. To help limit bruising, your provider may advise avoiding nonessential blood-thinning products before treatment when medically appropriate.

- Common examples include aspirin, ibuprofen/NSAIDs, fish oil, vitamin E, ginkgo, ginseng, garlic supplements, and turmeric.
- Never discontinue a prescribed medication or medically necessary therapy without approval from the prescribing clinician.
- Acetaminophen may be an option for discomfort for some patients, but follow your clinician's guidance.

Cold Sores & Active Infections

Tell us if you have a history of cold sores, especially before lip or perioral treatment. Preventive antiviral medication may be recommended. Active dental infections, skin infections, open wounds, or antibiotic treatment may require rescheduling.

UNIVERSAL GUIDANCE • TREATMENT-SPECIFIC INSTRUCTIONS MAY DIFFER

Lifestyle Preparation

- Arrive with clean skin and minimal or no makeup whenever possible.
- Avoid alcohol for at least 24 hours before treatments that may cause bruising.
- Avoid strenuous exercise immediately before your appointment.
- Limit smoking and vaping, which may interfere with healing.
- Hydrate well and eat normally unless you receive different instructions.

Medical Clearance

Certain medical conditions, autoimmune disorders, allergies, pregnancy or breastfeeding, prior reactions, recent procedures, or complex medication histories may require additional clearance or a modified plan.

Important

These are general preparation guidelines, not individualized medical advice. Your provider's instructions and your prescribing clinician's recommendations always take priority.



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Appointment Day

WE LOOK FORWARD TO WELCOMING YOU

Where to Go

Atelier Confidence
26 Court Street, Suite 1211
Brooklyn, NY 11201

Limited street parking is available, and paid parking garages are located nearby. Please allow extra time for traffic, parking, building entry, and elevator access.

The Atelier is conveniently accessible by the A, C, E, 2, 3, 4, 5, N, and R trains.

Arrival Time

Arrive 10-15 minutes early if you have outstanding forms or are visiting for the first time. If your paperwork is complete, arrive a few minutes before your scheduled appointment to check in.

If You Are Running Late

Call or text the Atelier as soon as possible. Late arrival may shorten your appointment or require rescheduling so we can protect the experience of every patient.

What to Bring

- A valid government-issued photo ID.
- Your current medication and allergy information.
- Your preferred form of payment and any financing details.

Guests

One guest may accompany you. Treatment-room access is determined by space, safety, privacy, and the type of procedure being performed.

Children

Children are not permitted in the Atelier. Please arrange childcare before your appointment.

Photos & Documentation

Clinical photography may be part of your assessment and treatment documentation. Marketing use is separate and requires your permission. Please do not photograph or record other patients or team members without consent.

Food & Alcohol

- Eat normally before your visit unless instructed otherwise.
- Avoid alcohol for at least 24 hours before treatments associated with bruising or swelling.
- Outside food should be kept out of treatment areas.

Questions before your visit? Contact the Atelier so your care team can guide you.